

# What is New for FCCT in 2019-2020?

We have many new changes for the 2019-2020! Suggestions, feedback, new team needs, etc. were all taken into consideration when deciding on changes for the upcoming season.

## **New Staff**

The Junior Varsity and Varsity teams will be getting some new coaches this upcoming season! We are in the process of hiring new coaches and will let you know ASAP who the new coaches will be!

Coaches Alexis and Courtney will be returning this season! We are happy to have them back for another great year.

Coach Michaela is taking a leave from the Varsity team this season due to changes in her family and work commitments. Coaches Betty and Dan are also not coaching the Junior Varsity team this season.

## **More Competitions and Game Day Competitions**

We have budgeted for 1-2 more competitions this upcoming season for the competition teams. The Game Day teams will also compete at many more events this upcoming season.

## **Farmington Hosting a Competition again**

The booster club is planning on bringing back our competition this season! We are currently looking at Saturday, Oct. 12<sup>th</sup>. We do have several programs that have already expressed interest or intent on attending our event this upcoming season. As a thank you, we will be sending teams to their competitions. This may mean that our program will be split between two different events on the same day. The Booster Club will need help in making our competition run smoothly – all hands on deck!

## **MS & Sideline athletes to join Game Day teams**

This season we will be allowing FCCT Middle School team athletes and FHS Sideline team athletes to join our Game Day teams! This will give our middle school aged athletes that aren't on the JV or Varsity competition team to experience Game Day, as well as helping to fill skill needs to continue to be competitive in the Game Day divisions. FHS Sideline athletes will now have the opportunity to compete for FHS showcasing their Game Day skills!

## **Alternates**

We may be using alternates on our JV and Varsity teams this season. This is a new concept for our program, but there has never been a season that the teams haven't wished for alternates when situations have occurred (absences, injuries, etc). We will not have set alternates for the season – all athletes on each team are considered full time athletes. Any member can become an alternate at any time for various reasons. There will be times where we don't compete with everyone on the floor (ie. UCA regionals) but there will be times where we will compete with everyone on the team and/or rotate athletes. This is being done to help the teams to be successful at competitions, to continue to motivate the athletes to continue to improve (there is always someone wanting a spot on the floor) and to give each team more options for creating stunt groups, including skills, etc.

### **Additional Varsity Lettering Criteria**

This season we are placing a higher emphasis on building more leadership and giving back to our program for our Varsity athletes. Varsity athletes will have to also complete 15 hours of service as part of their lettering criteria. These hours will be tracked and can be earned by participating in various events throughout the season (cancer walks, Toys For Town, parades, Cheer Peer, volunteering with our younger teams, etc.)

### **Athlete sign in/out at local competitions**

Athletes at the Middle School, JV and Varsity levels will need to be signed in and out at local competitions. However, parents can choose if their athlete can sign themselves in and out! This is to help the staff know that all athletes have been accounted for and who is under staff supervision.

An adult will be required to sign athletes in and out during the UCA Nationals trip.

### **Booster Club Volunteer Requirement**

The Booster Club is establishing a volunteer requirement for families this upcoming season. Communication from the Booster Club regarding this has already been emailed. Please contact Booster Club current President Jen Lillis for more information on the Booster Club Volunteer Requirement or if you did not receive the email. [fcctboosterclub@gmail.com](mailto:fcctboosterclub@gmail.com)